## What is claimed is:

1. A method for delivering advertising content to a visual display adapted to display a user interface for use by a user, said method comprising the steps of:

timing a user session, the session commencing upon the user interacting with the user interface;

determining an elapsed time during the user session; and delivering the advertising content to the visual display based on a selected interval of the elapsed time during the user session.

- 2. The method of claim 1, wherein said timing step commences upon the an initial interaction by the user with the user interface.
- 3. The method of claim 1, wherein said timing step commences upon the user selecting content through the user interface.
- 4. The method of claim 1, wherein the selected interval of time is fixed.
- 5. The method of claim 4, wherein the selected interval of time is five minutes.
- 6. The method of claim 1, wherein the selected interval of time is variable during the user session.

- 7. The method of claim 1, wherein said determining step determines the elapsed time between user interactions.
- 8. The method of claim 1, wherein the selected interval of time is determined based on a content selection made by the user.
- 9. The method of claim 1, further comprising the step of pausing said timing step during the delivery of the advertising content to the visual display.
- 10. The method of claim 9, further comprising the step of un-pausing said timing step after said delivering step is completed.
- 11. The method of claim 1, wherein said delivering step delivers the advertising content over at least one of the following mediums: Internet, cable, digital subscriber line, and wireless.
- 12. The method of claim 1, wherein the advertising content is streaming video.
- 13. The method of claim 12, wherein the video is broadcast quality video.
- 14. The method of claim 12, wherein said delivering step delivers the video at a bit rate of at least 144 Kbps.

- 15. The method of claim 1, further comprising the step of suspending user interface functions during said delivering step.
- 16. The method of claim 1, wherein after completion of said delivering step, said timing, determining, and delivering steps are repeated.
- 17. The method of claim 1, wherein said delivering step delivers the advertising content to completely fill the visual display.
- 18. The method of claim 1, wherein the advertising content includes a link to at least one Internet address.
- 19. The method of claim 1, wherein the timing step includes the user interacting with the user interface via a keyboard.
- 20. The method of claim 1, wherein the timing step includes the user interacting with the user interface via a voice-activated device.
- 21. The method of claim 1, wherein the timing step includes the user interacting with the user interface via a link to another web page.
- 22. The method of claim 1, wherein said delivering step occurs after a second interaction by the user with the user interface.

- 23. The method of claim 1, further comprising the step of delivering video content to the user.
- 24. The method of claim 23, wherein said advertising content delivering step occurs after the completion of said video content delivering step to create a commercial-free video.
- 25. A method for delivering advertising content to a visual display adapted to display a user interface for use by a user, said method comprising the steps of:

measuring an amount of time between interactions with the user interface; and launching the advertising content to the visual display after a selected elapsed interval of time.

- 26. The method of claim 25, wherein said measuring step commences upon the user selecting content through the user interface.
- 27. The method of claim 25, further comprising the step of delivering the advertising content to the visual display.
- 28. The method of claim 27, further comprising the step of pausing said measuring step during said delivering step.

- 29. The method of claim 28, further comprising the step of un-pausing said measuring step after said delivering step is completed.
- 30. The method of claim 27, wherein said delivering step delivers the advertising content over at least one of the following mediums: Internet, cable, digital subscriber line, and wireless.
- 31. The method of claim 25, wherein the advertising content is streaming video.
- 32. The method of claim 31, wherein the video is broadcast quality video.
- 33. The method of claim 31, further comprising the step of delivering the video to the visual display at a bit rate of at least 144 Kbps.
- 34. The method of claim 27, further comprising the step of suspending user interface functions during said delivering step.
- 35. The method of claim 25, wherein after completion of said launching step, said measuring and launching steps are repeated.
- 36. The method of claim 25, wherein the measuring step includes the user interacting with the user interface via a keyboard.

- 37. The method of claim 25, wherein the measuring step includes the user interacting with the user interface via a voice-activated device.
- 38. The method of claim 25, wherein the measuring step includes the user interacting with the user interface via a link to another web page.
- 39. The method of claim 25, wherein said launching step occurs after a second interaction by the user with the user interface.
- 40. The method of claim 25, further comprising the step of delivering video content to the user.
- 41. The method of claim 40, wherein said advertising content launching step occurs after the completion of the video content delivering step to create a commercial-free video.
- 42. A method for delivering advertising content to a visual display adapted to display a user interface for use by a user, said method comprising the steps of:

time-stamping a user session profile during a user session, the user session commencing upon the user interacting with the user interface;

detecting an address requested by the user;

saving the address after a selected interval of time has elapsed since said timestamping step; and delivering the advertising content to the visual display.

- 43. The method of claim 42, wherein the advertising content is streaming video.
- 44. The method of claim 43, wherein the video is broadcast quality video.
- 45. The method of claim 43, wherein said delivering step delivers video at a bit rate of at least 144 Kbps.
- 46. The method of claim 42, further comprising the step of suspending user interface functions during said delivering step.
- 47. The method of claim 42, further comprising the step of delivering video content to the user.
- 48. The method of claim 47, wherein said advertising content delivering step occurs after the completion of said video content delivering step to create a commercial-free video.
- 49. A method for delivery of advertising content to a visual display adapted to display a user interface for use by a user, said method comprising the steps of:

detecting an address request; and

delivering the advertising content to the user independently of any code

associated with the address.

- 50. The method of claim 49, wherein the advertising content is delivered before the requested address is accessed.
- 51. The method of claim 49, wherein said delivering step delivers the advertising content after a selected number of address requests are detected.
- 52. The method of claim 49, further comprising the step of measuring an amount of time elapsed since the address was requested, wherein said delivering step occurs after a selected interval of the elapsed time.
- 53. The method of claim 52, further comprising the step of pausing said measuring step during said delivering step.
- 54. The method of claim 53, further comprising the step of un-pausing said measuring step after said delivering step is completed.
- 55. The method of claim 49, wherein said delivering step delivers the advertising content over at least one of the following mediums: Internet, cable, digital subscriber line, and wireless.
- 56. The method of claim 49, wherein the advertising content is streaming video.

- 57. The method of claim 56, wherein the video is broadcast quality video.
- 58. The method of claim 56, wherein said delivering step delivers video at a bit rate of at least 144 Kbps.
- 59. The method of claim 49, further comprising the step of suspending interface functions during said delivering step.
- 60. The method of claim 49, further comprising the step of delivering video content to the user.
- 61. The method of claim 60, wherein said advertising content delivering step occurs after the completion of said video content delivering step to create a commercial-free video.
- 62. A method for delivering advertising content to a visual display adapted to display a user interface for use by a user, said method comprising the steps of:

detecting an address request; and

delivering the advertising content to fill a substantial portion of the visual display independently of any code associated with the address.

63. The method of claim 62, wherein said delivering step includes the sub-step of

completely filling the visual display.

- 64. The method of claim 62, wherein said delivering step includes the sub-step of placing browser controls outside of the visual display.
- 65. A method for inhibiting the interruption of advertising content delivery to a visual display adapted to display a user interface for use by a user, said method comprising the steps of:

delivering the advertising content to the user; and hiding on-screen user interface controls during said delivering step.

- 66. The method of claim 65, further comprising the step of disabling selected user functions associated with the visual display.
- 67. The method of claim 65, wherein the on-screen user interface controls are resized outside a viewing area of the visual display.
- 68. The method of claim 65, wherein the on-screen user interface controls are overlaid by the advertising content.